

## TEAM FIRST

### Performance enhancement camps offered through YMCA

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Of The Edge

Team First is pairing with the Esic YMCA to offer athletic performance enhancement camps. A ten week performance camp is currently under way, and will run through March 15, every Sunday at 4:45 p.m. to 5:45 p.m. The camp is structured for ages 9 to 13 and costs \$20 per week. Registration forms are available at [www.teamfirstfootballcamp.com](http://www.teamfirstfootballcamp.com). There are other camps in Greenville listed on the site and Team First is hoping to continue to bring more to the local YMCA in the future.

Team First motivates and encourages young men to aspire to high goals in the areas of academics, athletics, and social skills. They offer young men the opportunity to develop qualities of leadership, sportsmanship, competitiveness, and the drive for excellence through academic and athletic programs. They also establish support through teamwork with the family, teachers, counselors, and positive role models.

Team First is a unique concept in the world of athletics. They believe that sports, along with the relationship with a caring adult, can be used to change an individual's life for the good. Their goal is to provide



individualized service and support to young men who have a desire to play football at the collegiate level. They want to assist by providing the most effective service to increase your chances of getting a football scholarship. Team First wants to take advantage of all its resources and experiences in helping participants get to the next level.

Their principal mission is to: Prepare young men for life. Provide an exceptional environment for exceptional training. Provide an atmosphere and an opportunity for young men to breath life into their dreams.

Team First features many programs and activities, including: Athletic/Mentorship Program; Summer Leadership Camp; Player Development; Athletic Marketing; Motivational Speakers; Academic

Enhancement Classes; Field Trips to local Universities and Colleges; ACT Preparation Classes; NCAA Clearinghouse Workshops; Coaching Clinics; Mental Conditioning; Character Education; Sports Nutrition Seminar; One Day Summer Camps; Performance Enhancement Camps; Football Academy.

In 2005, Andre Collins – an assistant football coach at Edwardsville High School – pioneered the concept of using sport and a relationship with an adult role model as an instrument of change for males. Team First has the desire to coach young men in the game of life.

Team First is a comprehensive community outreach program designed to affirm young men, build character, and give them self-esteem, worth and confidence. Team First is structured to provide guidance in the lives of young men and helps them with individual needs. They have the desire to expose young men to a variety of social, educational, and athletic skills. It is their sincere desire to develop the “whole person.”

For more information on Team First or the camp at the Esic YMCA, visit [www.teamfirstfootballcamp.com](http://www.teamfirstfootballcamp.com), or call the YMCA at 656-0436.

Above and at left, Team First instructors work with students at Greenville High School during a summer camp. Photos for The Edge

